

PENN STATE UNIVERSITY  
HISTORY 103

**HISTORY OF MADNESS AND PSYCHIATRY IN THE WESTERN WORLD  
SPRING 2005  
PROF. GREG EGHIGIAN**

Location and Time: MW 11:15-12:05 + Friday discussion sections, 162 Willard

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Office Hours: Tuesdays, 10:30 am-Noon + by appt

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Teaching Assistants: Deirdre Fulton (dnf111@psu.edu) and Amanda Swope  
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Description:

The conditions have assumed many names and forms: the sacred disease, frenzy, mania, madness, melancholy, neurosis, dementia, praecox, schizophrenia, phobia, kleptomania, shellshock, multiple personality, mental illness, manic-depression, mental disorder, post-traumatic stress disorder. They have attracted the attention of law, medicine, psychology, social work, architecture, politics, art, philosophy, music, and film. Those afflicted have been admired, pitied, mocked, hidden from public view, imprisoned, restrained, operated on, sterilized, hospitalized, killed, counseled, analyzed, and medicated.

Why?

This course will introduce students to the history of madness and psychiatry in the western world: the ideas that have shaped our understandings, the changing experiences of those afflicted, the development of those professions designed to look after them, and the social and cultural assumptions behind treatments and policies.

Required Texts:

- Edward Shorter, History of Psychiatry from the Era of the Asylum to the Age of Prozac (John Wiley and Sons, 1998)
- Sigmund Freud, Five Lectures on Psycho-Analysis (Norton, 1997).
- Daniel Paul Schreber, Memoirs of My Nervous Illness (NY Review of Books, 2000)
- Peter Kramer, Listening to Prozac (Penguin/Viking, 1997)
- Course Packet

All books are on sale at the University Bookstore. The Course Packet can be purchased at The Student Bookstore (College Ave in Downtown State College, service provided by ProCopy).

Grading, Requirements, Policies

Your final grade will be determined on the basis of three open-book exams and participation in class discussions. Make-up exams will be granted only in unusual circumstances, and they will be, as a general rule, more difficult than the original exam

itself. Failure to take any exam or attend discussion sections will result in a final grade of "F."

NOTE: The instructors reserve the right to add other assignments if student performance warrants it

Academic Integrity: Students are not permitted to copy other people's answers, write papers or exams for others, have someone write their papers or exams for them, or plagiarize the works of any one else. Students who are found to be in violation of these rules will receive academic sanctions and may be reported to the University's Judicial Affairs office for possible further disciplinary action.

PLEASE NOTE: If you anticipate needing any kind of accommodation in this course due to disability or have questions about physical access to the building, please inform the instructor as soon as possible.

## SCHEDULE

### THE AGE OF FATALISM

#### WEEK I. Madness in the Ancient World

Jan. 10 Introduction

Jan. 12 Euripides, The Bacchae (ca. 404 B.C.E.) Read ONLY lines 1300-1675

<http://www.mala.bc.ca/~johnstoi/euripides/euripides.htm>

Jan. 14 Plato (429-327 B.C.E.), "Timaeus" Read ONLY sections 37-38, 44-46,48

<http://psychclassics.yorku.ca/Plato/Timaeus/timaeus3.htm>

Hippocrates (460-377 B.C.E.), "The Sacred Disease" **PACKET**

#### WEEK II. Medieval and Early Modern Notions of Madness

Jan. 17 Thomas Aquinas (1225-1274), Summa Theologica. Read ONLY the following:

• Question 36: "Of the Causes of Sorrow or Pain"

<http://www.ccel.org/a/aquinas/summa/FS/FS036.html#FSQ36OUTP1>

• Question 38: "Of the Remedies of Sorrow or Pain"

<http://www.ccel.org/a/aquinas/summa/FS/FS038.html#FSQ38OUTP1>

Jan. 19 Johann Weyer (1515-1588), "The Delusion of Witches"(1563) **PACKET**

Jan. 21 Hermann Boerhaave (1668-1738), "Of the Melancholy-Madness" and "Of the Maniacal or Raving Madness" (1754) **PACKET**

### THE AGE OF OPTIMISM

#### WEEK III. The Reformist Vision: "The Moral Treatment"

Jan. 24 Philippe Pinel (1745-1826), "A Treatise on Insanity" (1801) **PACKET**

Jan. 26 Edward Shorter, A History of Psychiatry, 1-29

Samuel Tuke (1784-1857), "The Retreat at York" (1813) **PACKET**

Jan. 28 Discussion about week's readings and film

*FILM THIS WEEK: Madness of King George, (England, 1995)*

WEEK IV. Romantic Psychiatry and Hypnosis

Jan. 30 Shorter, 29-32

Johann Christian August Heinroth (1773-1843), Excerpts from Textbook of Disturbances of Mental Life or Disturbances of the Soul and Their Treatment (1818) **PACKET**

Feb. 2 Jean Charcot (1825-1893), "Lectures on Hysteria" (1877) **PACKET**

Feb. 4 Discussion about week's readings

WEEK V. Madness, the Asylum, and Women

Feb. 7 **EXAM 1**

Feb. 9 Shorter, 33-68

Elaine Showalter, "Managing Women's Minds" **PACKET**

Feb. 11 NO DISCUSSION SECTIONS TODAY

WEEK VI. Insanity and the Law

Feb. 14 Daniel H. Tuke, "The McNaughten Rule, 1843" (1892) **PACKET**

Feb. 16 FILM: "Insanity on Trial" (shown in class)

Feb. 18 Discussion of week's reading and film

WEEK VII. Science, Neurology, and Degeneration

Feb. 21 Shorter, 69-112

C. F. Nasse, "Preface to the First Edition of Zeitschrift für psychische Ärzte" (1818) **PACKET**

Auguste Tamburini, "A Theory of Hallucinations" (1881) **PACKET**

Feb. 23 Shorter, 113-144

Texts on Homosexualities (1886-1939) **PACKET**

Feb. 25 Discussion about week's readings

WEEK VIII. Nerves, Nervousness, and the "Nervous Breakdown"

Feb. 28 Daniel Paul Schreber (1842-1911), Memoirs of My Nervous Illness (1903), 3-11, 33-98, 253-259

Mar. 2 Schreber, Memoirs, 327-387, 405-440

Mar. 4 NO DISCUSSION SECTIONS TODAY

**SPRING BREAK MARCH 7-11. NO CLASSES HELD**

WEEK IX. Psychoanalysis

Mar. 14 Sigmund Freud (1856-1939), Five Lectures on Psycho-Analysis (1909)

Mar. 16 Sigmund Freud, "Case of Elisabeth von R." (1893-1895) **PACKET**

Mar. 18 Discussion about the case of Elisabeth von R. and Freud

## THE AGE OF PESSIMISM AND RADICALISM

### WEEK X. World War I and Shellshock

Mar. 21 Martin Stone, "Shellshock and the Psychologists" **PACKET**

Mar. 23 **EXAM 2**

Mar. 25 NO DISCUSSION SECTIONS TODAY

### WEEK XI. Psychiatric Eugenics

Mar. 28 Daniel Kevles, "From Eugenics to Genetic Manipulation" **PACKET**

Mar. 30 Documents on the National Socialist "Euthanasia" Program (1939-1945)

See: <http://fcit.coedu.usf.edu/holocaust/resource/document/DocEuth.htm>

Apr. 1 Discussion about week's readings and film

*FILM THIS WEEK: Selling Murder: The Killing Films of the Third Reich*  
(England, 1991)

### WEEK XII. Somatic Treatments in a Time of Radical Cures

Apr. 4 Shorter, 190-229

Apr. 6 Shorter, 239-272

Apr. 8 Discussion about somatic treatments and film

*FILM THIS WEEK: The Snake Pit* (USA, 1948)

### WEEK XIII. Psychiatry Politicized: Anti-Psychiatry, Social Psychiatry, and De-Institutionalization

Apr. 11 Thomas Szasz, Excerpts from The Myth of Mental Illness (1961)  
**PACKET**

R. D. Laing, "The Schizophrenic Experience" (1967) **PACKET**

Apr. 13 Shorter, 229-238, 272-287

David Rosenhan, "On Being Sane in Insane Places" (1973) **PACKET**

Apr. 15 Discussion about week's readings

### WEEK XIV. Psychiatry and Soviet Communism

Apr. 18 World Psychiatric Association, "Declaration of Hawaii" (1977)

**HANDOUT**

## THE REBIRTH OF OPTIMISM

Apr. 20 The Postwar "Psychoboom"

Shorter, 288-313

Mitchell Wilson, "DSM-III and the Transformation of American Psychiatry: A History," American Journal of Psychiatry, 150 (1993): 399-410 **PACKET**

Apr. 22 Peter Kramer, Listening to Prozac, 1-107

Discussion of week's readings

WEEK XV. Psychopharmacology in the Age of Consumerism

Apr. 25 Shorter, 313-327

Kramer, Listening, 144-249

Apr. 27 Kramer, Listening, 250-300

Apr. 29 Discussion about Kramer's Listening to Prozac

FINAL EXAM PERIOD = MAY 2-6